



HEALTH HOLDING

HAFER ALBATIN HEALTH  
CLUSTER  
MATERNITY AND  
CHILDREN HOSPITAL

<b>Department:</b>	Rehabilitation Centre		
<b>Document:</b>	Departmental Policy and Procedure		
<b>Title:</b>	IPC Guidelines for Rehabilitation Centre		
<b>Applies To:</b>	All Rehabilitation staff		
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## 1. PURPOSE:

- 1.1 To provide clear guidelines on infection control issues for patients, healthcare workers, and equipment to prevent the transmission of infection while providing services.

## 2. DEFINITIONS:

- 2.1 Infection control in hospitals refers to policies and procedures used to minimize the risk of spreading infections, especially in hospitals.

## 3. POLICY:

- 3.1 The rehabilitation Centre contains toys, electrical stimulation devices and beds that are used during the treatment. There are specific instructions on cleaning and preventive maintenance of the equipment.
- 3.2 Staff should be able to apply the infection control principles and practices.
- 3.3 The standard precautions guidelines shall be followed for contact with all kind of blood or body fluids.
- 3.4 Clean and disinfect the equipment and treatment surfaces after each patient.
- 3.5 Infection control principles for patient should be followed.

## 4. PROCEDURE:

- 4.1 Standard precaution of rehabilitation Centre (environment):
  - 4.1.1 Equipment used to provide rehabilitation services to patients may present an increased risk of infection to the patient for that need to be sure all equipment's (toys, weight's, beds, are cleaned and disinfected between patients.
  - 4.1.2 All equipment and toys should be made of materials, which is easily disinfected.
  - 4.1.3 Whenever possible and if the information is available, follow manufacture instruction for cleaning
  - 4.1.4 Equipment to avoid injury to the patient or damage to the equipment, or interference with the function of the equipment's.
  - 4.1.5 Equipment, which is frayed, cracked, or otherwise damage, should be replaced or repaired.
  - 4.1.6 Use only hospital-approved disinfects to wipe down equipment's.
    - 4.1.6.1 Hot packs: drain unit once per month or if it is visibly soiled. Water may be drained through drain valve.
    - 4.1.6.2 Clean unit with a mild non-abrasive stainless-steel cleanser, rinse thoroughly, hot packs can be washed with mild soap and water, however, the simplest method of cleaning is to keep them immersed in the hydrocollator at present temperature of 160°F (71°C).
    - 4.1.6.3 Hot packs which leak or become visibly thinner should be replaced.
    - 4.1.6.4 Hot packs that have an expected use period of approximately one year.
    - 4.1.6.5 Towels that are not in direct contact to the patient for wrapping hot packs should be laundered once per week or when visibly soiled.



- 4.1.6.6 Towels that are the indirect patient contact for wrapping packs are single use only and are laundered between patients.
- 4.1.7 Electrodes /pads:
  - 4.1.7.1 Rubber pads: They should be cleaned before and after usage by hospital approved Disinfectant. They should be applied on clean and unbroken skin.
  - 4.1.7.2 Adhesive pads: if only the adhesive pads are available, they should be cleaned before and after usage and they would be applied over clean and unbroken skin only. After removing the pads, wipe off electrode with anon-alcohol wipe, baby wipe, or wet one.
- 4.1.8 Ultrasound head: should be cleaned before and after usage and it would be applied over clean and unbroken skin, use only hospital-approved disinfects to wipe down the machine.
- 4.1.9 Treatment mats should be disinfected between uses.
- 4.1.10 The plinth table should be wiped off with an approved hospital disinfectant, i.e. Quaternary Ammonium Compound and rinsed between patient if there are visible blood or body fluid. It should also be covered With sheet, which is changed between patients.
- 4.1.11 Pillow cases should be changed daily or as needed.
- 4.1.12 The daily cleaning routine for department (treatment rooms and the gym) is on a cleaning schedule.
- 4.2 Standard precaution of rehabilitation department(personal):
  - 4.2.1 Staff should be able to apply the infection control principle and practices described in the infection control manual during patient care activities.
  - 4.2.2 Basic infection control practices include the use of standard precaution with all patient receiving care regardless of their diagnosis or presumed infectious status since these practices are important for reducing the risk of disease transmission among patients and health care workers.
  - 4.2.3 Infection control for rehabilitation staff:
    - 4.2.3.1 Use standard precautions for all patients (refer to standard infection control polices).
    - 4.2.3.2 Use personal protective equipment (PPE) individually or in combination for any /all procedures that require close contact with the patient and the patient's environment regard less of whether the patient in isolation.
    - 4.2.3.3 Change PPE before providing care to another patient.
    - 4.2.3.4 Wash or rub before and after all contact with the patient environment. (Refer to hand hygiene policy).
    - 4.2.3.5 Follow required isolation precaution when entering the room of patient in isolation (refer to isolation policies).
  - 4.2.4 Infection control for the patient: basic principles of infection control must be included in the delivery of service for all patients whether inpatient or outpatient.

## **5. MATERIALS AND EQUIPMENT:**

- 5.1 All cleaning and disinfection material

## **6. RESPONSIBILITIES:**

- 6.1 All staff in rehabilitation centre
- 6.2 Centre cleaner

## **7. APPENDICES:**

## **8. REFERENCES:**

- 8.1 Infection Control Manual MCH-Hafer Albatin.

## 9. APPROVALS:

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