

<b>Department:</b>	Radiology Department		
<b>Document:</b>	Multidisciplinary Policy and Procedure		
<b>Title:</b>	Contrast Media Policy		
<b>Applies To:</b>	All Radiology Staff , Physicians and Nurses		
<b>Preparation Date:</b>	January 05, 2025	<b>Index No:</b>	RD-MPP-009
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<b>Review Date:</b>	February 19, 2028	<b>No. of Pages:</b>	5

## 1. PURPOSE:

1.1 The purpose of this policy is to address the proper review, storage and safe administration of radiographic Contrast Media.

## 2. DEFINITIONS:

2.1 **Contrast Media** – a substance introduced into a part of the body in order to improve the visibility of internal structures during radiography.

## 3. POLICY:

3.1 Contrast Media are considered medications and must be provided to patients in a safe manner and in accordance with all pertinent state and federal regulations and applicable accreditation standards.

## 4. PROCEDURE:

4.1 Appropriate consent must be obtained per hospital consent policy.

4.2 The patient will be advised regarding appropriate use of Contrast Media and potential side effects that if they occur, must be communicated with the patient's physician.

4.3 The process for safe administration of Contrast Media begins prior to administration and will include:

- 4.3.1 Presence of risk factors identified and addressed.
- 4.3.2 Verification of correct agent, dosage.
- 4.3.3 Verification of correct patient.

4.4 Orders for Contrast Media include the following information:

- 4.4.1 Contrast to be used.
- 4.4.2 Radiographic examination to be performed
- 4.4.3 Administration instruction.

4.5 Contrast Media will be stock in Radiology Department with maintained temperature.

4.6 An appropriate inventory level will be maintained at all times as determined by the department that stocks the Contrast Media.

4.7 Contrast Media must be stored in accordance with manufacturer.

4.8 When applicable, if warmers are used, temperature logs shall be maintained.

4.9 Radiographic material will be secured.

4.10 Retrieval of the Contrast Media from the secured storage area shall be as needed per patient need.

4.11 When appropriate, a recent (within the last 30 days) serum creatinine (SCr) shall be obtained and reviewed for potential contraindications in use of contrast. In the event a recent SCr is not available, an order to obtain a SCr prior to the scheduled procedure will be obtained.

4.12 In the event the screening process determines that the patient is at-risk for an adverse event due to administration of radiographic contrast media, the technologist/nurse is required to contact the physician for next step orders. At-risk patients can include, but are not limited to, those patients that:

- 4.10.1 Are Diabetic.
- 4.10.2 Have reduced renal function, renal disease or a solitary kidney.
- 4.10.3 Are pregnant.
- 4.10.4 Have had a previous history of allergy or reaction to contrast media.
- 4.10.5 Have had a clinically significant drug-contrast interaction.
- 4.10.6 Have significant respiratory or cardiovascular disease.
- 4.11 If hypersensitivity/allergy is noted to a radiographic contrast media, the physician or licensed independent practitioner will be notified prior to procedure for subsequent orders.
- 4.12 A Radiologist will inject intravenous contrast agents for the purpose of the radiological procedure.
- 4.13 A physician shall be readily available to the patient before and during IV contrast administration in the event an adverse contrast event were to occur.
- 4.14 Prior to administration, appropriate labelling will occur unless contrast is for immediate use. Labelling will include name of contrast, strength of contrast, amount of contrast, and expiration date/time.
- 4.15 If an adverse event/reaction was to occur, the physician/licensed independent practitioner will be notified immediately. Treatment will be rendered.
- 4.16 Documentation of adverse events/reactions will be entered into the medical record.
- 4.17 In the event of an emergency situation, crash carts shall be readily available for use.

**5. MATERIALS AND EQUIPMENT:**

- 5.1 Contrast media.

**6. RESPONSIBILITIES:**

- 6.1 Nurse
- 6.2 Radiographer
- 6.3 Radiologist
- 6.4 Physician

**7. APPENDICES**

- 7.1 MOH General Consent Form: GDOH-COR-GC-351

**8. REFERENCES:**

- 8.1 Prescription drug information for consumers and Professionals ([www.drugs.com](http://www.drugs.com)).
- 8.2 The comprehensive resource for physicians, drug and illness information ([www.rxmed.com](http://www.rxmed.com)).
- 8.3 Contrast Medium Reactions, Recognition and Treatment ([www.emedicine.com](http://www.emedicine.com)).

**9. APPROVALS:**

	Name	Title	Signature	Date
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<b>KINGDOM OF SAUDI ARABIA</b>  <b>الصحة</b> Ministry of Health		MRN: _____	رقم الملف الطبي: _____	
Hospital: _____		Name: _____	الاسم: _____	
Region: _____		Nationality: _____	الجنسية: _____	
Dept./Unit: _____		Age: _____	سن سنه _____ Years شهور _____ Months يوم _____ Days	العمر: _____
		Date of Birth: _____	14 / _____ H 20 / _____	تاريخ الميلاد: _____
		Gender: <input type="checkbox"/> Male	<input type="checkbox"/> Female	الجنس: _____

### GENERAL CONSENTS

### إقرارات عامة

<p>I (for Named Patient) signed below, authorize and give consent to my attending physician and/or his/her assistant to provide medical, nursing care and other clinical diagnostic or therapeutic procedures with the exception of surgical and invasive procedures, induction of anesthetics, infusion of blood and blood products and other procedures that require special consent.</p>	<p>أنا (المريض) الموقعة أدناه، وأعطي موافقتي للطبيب المعالج ولمن يختار لمساعدته وذلك لتقديم عناية طبية وتمريضية وأية تشخيصات سريرية أو أية طرق علاجية بإستثناء العمليات الجراحية والإجراءات التداخلية حقن الدم أو مشتهاه أو أي عمل آخر يتطلب موافقة خاصة.</p>
<p>I understand that Dr. _____</p> <p>is attending physician and is the person responsible for the assessment of my medical condition &amp; my care plan &amp; he/she will have the responsibility according to my medical condition, to Discharge or Transfer.</p>	<p>لقد تم إعلامي أن الطبيب المعالج د. _____</p> <p>هو الشخص المسؤول عن تقييم حالي الطبي وحده علاجي ونفع عليه/ عليها مسؤولية أمر دروجي من المستشفى أو تحويلي إلى أية جهة عناية صحية أخرى وذلك بناء على ما تستدعيه حالتي الصحية.</p>
<p>I understand that the hospital and its employees will respect my rights and privacy at all times and that the confidentiality of my medical information will be guarded carefully and released only to authorized person.</p>	<p>أفهم وأعترف أن المستشفى وموظفيه سوف يحترمون حصوصياتي في كل الأوقات وأن سرية المعلومات الطبية الخاصة بي سوف يحافظ عليها بعناية وسوف تستخدم فقط وحسباً لجل العلاج وان تعطى فقط لஹولة الأشخاص الذين يفهومون على رعيتي، وإن يتم إعطاء المعلومات لأي شخص أو جهة إلا هي حالة موافقتي الشخصية أو موافقته الشخص المصرح كبديل عنى.</p>
<p>I shall abide by the hospital rules and regulations.</p> <p>I understand that the hospital is not responsible for the loss or damage of my money, valuables and other personal property and that in case of emergency or no alternative situations the items should be handed over to the security for safekeeping.</p>	<p>سوف التزم واطيع كل القوانين والنظم الخاصة بالمستشفى.</p> <p>أفهم أن المستشفى لا تتحمل مسؤولية فقدان النقود، المقتنيات الثمينة أو أية ممتلكات خاصة بي إلا في حالة الطارئة أو في حالة عدم وجود بديل للحفاظ على ممتلكاتي حيث أن هذه الممتلكات يجب أن تعطى لمسؤولي الأمان في المستشفى للحفاظ عليها.</p>
<p>If it is found that I am not eligible for free treatment, I am obligated to pay for all services rendered as per my healthcare needs, I agree that the authorities and Kingdom's courts will decide any dispute in connection with such costs.</p> <p>In case of emergency, where I am not coherent or conscious and unable to make my healthcare decision, I hereby grant the following person (s) the right to take decision of my medical treatment on my behalf:</p>	<p>إذا اتضح أنني غير مؤهل للعلاج المجاني فإنني أتفهم أنني مطالب بدفع كل المصارييف المتعلقة بعلاجي وأوافق أن الجهات المختصة والمداليم بالملكة العربية السعودية هي التي تقرر مسؤولية الدفع في حالة وجود خلاف حول المصارييف الواجب دفعها.</p> <p>إذا كان هناك طارئ أو حالة غير وعي أو عدم ترتيب و كنت غير قادر على إتخاذ القرار بشأن حالتي الصحية فإنني أمنح حق إتخاذ القرار بالنيابة عنني بشأن حالتي الصحية إلى الأشخاص التاليه أسمائهم.</p>
<p>1. Name: _____</p> <p>Relation to the Patient: _____</p> <p>Date: _____ / _____ / _____ Time: _____</p>	<p>الاسم: _____</p> <p>صلة القرابة: _____</p> <p>تاريخ: _____ / _____ وقت: _____</p>



Name: _____ الاسم: _____	MRN: _____ رقم الملف الطبي: _____												
I acknowledge that my signature on this form signifies that I am in agreement with all the statements.  Signature of Patient: _____  Date: ____ / ____ / ____ Time: _____	أقر أن توقيعي على هذه الاستمارة يعني إني موافق على كل بنودها وإنني قرأتها بالكامل قبل توقيعي هنا.  توقيع المريض: _____  تاريخ: ____ / ____ وقت: _____												
<b>Substitute Decision Maker</b>  In case of emergency and the patient is unable to make decision and not granted any person to sign on his behalf.  Substitute Decision Maker Name _____  Relation to the Patient _____  Signature: _____  Date: ____ / ____ / ____ Time: _____  Reason for Patient not signing to Consent: _____	من ينوب عن المريض (أو صانع القرار البديل)  في حالة الطارئة وحين يكون المريض غير قادر على إتخاذ القرار ولم يمنح أحد حق التوقيع بالنيابة عنه.  اسم من ينوب عن المريض: _____  صلة القرابة: _____  التوقيع: _____  تاريخ: ____ / ____ وقت: _____  سبب عدم توقيع المريض: _____												
<b>In case of emergency and no Substitute Decision Maker</b> and patient not granted any person to sign on his behalf  We certify that, we have examined the patient and it is our professional opinion that this patient lacks decision capacity to take health care decision and any delay providing medical treatment will endanger his life or lead to serious body harm.  1. Physician Name & ID No.: _____  Position: _____ Signature: _____  Date: ____ / ____ / ____ Time: _____  2. Physician Name & ID No.: _____  Position: _____ Signature: _____  Date: ____ / ____ / ____ Time: _____	في حالة الطارئة وغياب من ينوب عن المريض، ويكون المريض لم يمنح أحد حق التوقيع بالنيابة عنه.  نحن نأكيد ونؤكّد أنه عند فحص المريض وحسب رأينا المهني أن هذا المريض غير قادر على إتخاذ القرار بشأن حالته الصحية وأن أي تأخير في تقديم العناية الطبية اللازمة سوف يعرض حياته للخطر أو قد يؤدي إلى عواقب وخيمة.  إسم الطبيب والرقم الوظيفي: _____  وظيفته: _____ التوقيع: _____  تاريخ: ____ / ____ وقت: _____  إسم الطبيب والرقم الوظيفي: _____  وظيفته: _____ التوقيع: _____  تاريخ: ____ / ____ وقت: _____												
<b>WITNESS</b>													
<table border="1"> <thead> <tr> <th>Name (الاسم) _____</th> <th>Signature (التوقيع) _____</th> <th>Date &amp; Time (التاريخ والوقت) _____</th> </tr> </thead> <tbody> <tr> <td>1.) _____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>2.) _____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>3.) _____</td> <td>_____</td> <td>_____</td> </tr> </tbody> </table>		Name (الاسم) _____	Signature (التوقيع) _____	Date & Time (التاريخ والوقت) _____	1.) _____	_____	_____	2.) _____	_____	_____	3.) _____	_____	_____
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