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| <b>Department:</b>       | Pharmaceutical Care Department               |                         |                |
| <b>Document:</b>         | Multidisciplinary Policy And Procedure (MPP) |                         |                |
| <b>Title:</b>            | Medication Self Administration               |                         |                |
| <b>Applies To:</b>       | Pharmacists, Physicians & Nurses             |                         |                |
| <b>Preparation Date:</b> | December 15, 2024                            | <b>Index No:</b>        | MM-MPP-008     |
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## 1. PURPOSE:

- 1.1 Provide safe administration of medicines through the provision of a service, which is effective and responsive to the needs, and wishes of individual patients, in a variety of care settings throughout the trust.
- 1.2 Allows patients to assume more responsibility for their direct care, to learn how to use medication properly, and to be able to anticipate potential side effects and other medication-related problems.

## 2. DEFINITONS:

- 2.1 N/A

## 3. POLICY:

- 3.1 The hospital must educate patients and families on the safe and proper use of medications.
- 3.2 Self-administration requires agreement and commitment by medical, nursing and pharmacy staff.
- 3.3 Self-administration will not be appropriate for all patients.
- 3.4 Free medical samples are not allowed for self-administration.
- 3.5 Patient own medication or any drug from outside the hospital are not allowed for self-administration.

## 4. PROCEDURE:

- 4.1 Self-administration is not allowed in case of:
  - 4.1.1 The patient is confused or has an unstable mental state.
  - 4.1.2 The patient's insight and attitude to medication causes concern.
  - 4.1.3 The patient has a history of alcohol/drug abuse.
  - 4.1.4 The patient does not want to take part.
- 4.2 The following drugs SHOULD NOT be self-administered:
  - 4.2.1 Those prescribed in variable dosages
  - 4.2.2 Once only ('STAT') doses, except for pessaries and suppositories.
  - 4.2.3 Injectable drugs, except when these will be self-administered at home following discharge.
- 4.3 Medical Staff will:
  - 4.3.1 Educates patients and families involved in self-administration of medications about Monitoring.
- 4.4 Pharmacy Staff will review the medication and dosage, ensure that the patient is supplied with the required medication and educates patients and families involved in self-administration of medications about:
  - 4.4.1 Medication name, type, and indication.
  - 4.4.2 Time, frequency, route, and dose of medication.
  - 4.4.3 Expected medication effect and potential side effects.
- 4.5 The head nurse will monitor, supervise, record and ensure that doctors looking after patients on their ward.
- 4.6 Patient own medication are not allowed for self-administration or any medication brought from outside the hospital unless prescribed by the treating physician.
- 4.7 Free medical sample are not allowed for self-administration even if it prescribed by the treating physician.

## 5. MATERIAL AND EQUIPMENT:

5.1 N/A

## 6. RESPONSIBILITIES:

6.1 Pharmacists

6.2 Physician

6.3 Nursing staff.




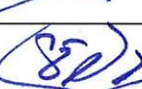

## 7. APPENDICES:

7.1 N/A

## 8. REFERENCES:

8.1 General Pharmaceutical Care Administration, MOH policy and procedures manual

## 9. APPROVALS:

|              | Name                          | Title                        | Signature   | Date              |
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