



HEALTH HOLDING

HAFER ALBATIN HEALTH
CLUSTER
MATERNITY AND
CHILDREN HOSPITAL

Department:	Pharmaceutical Care Department		
Document:	Multidisciplinary Policy And Procedure (MPP)		
Title:	Medication Self Administration		
Applies To:	Pharmacists, Physicians & Nurses		
Preparation Date:	December 15, 2024	Index No:	MM-MPP-008
Approval Date:	December 29, 2024	Version :	2
Effective Date:	January 29, 2025	Replacement No.:	MM-MPP-008 (1)
Review Date:	January 29, 2028	No. of Pages:	02

1. PURPOSE:

- 1.1 Provide safe administration of medicines through the provision of a service, which is effective and responsive to the needs, and wishes of individual patients, in a variety of care settings throughout the trust.
- 1.2 Allows patients to assume more responsibility for their direct care, to learn how to use medication properly, and to be able to anticipate potential side effects and other medication-related problems.

2. DEFINITONS:

- 2.1 N/A

3. POLICY:

- 3.1 The hospital must educate patients and families on the safe and proper use of medications.
- 3.2 Self-administration requires agreement and commitment by medical, nursing and pharmacy staff.
- 3.3 Self-administration will not be appropriate for all patients.
- 3.4 Free medical samples are not allowed for self-administration.
- 3.5 Patient own medication or any drug from outside the hospital are not allowed for self-administration.

4. PROCEDURE:

- 4.1 Self-administration is not allowed in case of:
 - 4.1.1 The patient is confused or has an unstable mental state.
 - 4.1.2 The patient's insight and attitude to medication causes concern.
 - 4.1.3 The patient has a history of alcohol/drug abuse.
 - 4.1.4 The patient does not want to take part.
- 4.2 The following drugs SHOULD NOT be self-administered:
 - 4.2.1 Those prescribed in variable dosages
 - 4.2.2 Once only ('STAT') doses, except for pessaries and suppositories.
 - 4.2.3 Injectable drugs, except when these will be self-administered at home following discharge.
- 4.3 Medical Staff will:
 - 4.3.1 Educates patients and families involved in self-administration of medications about Monitoring.
- 4.4 Pharmacy Staff will review the medication and dosage, ensure that the patient is supplied with the required medication and educates patients and families involved in self-administration of medications about:
 - 4.4.1 Medication name, type, and indication.
 - 4.4.2 Time, frequency, route, and dose of medication.
 - 4.4.3 Expected medication effect and potential side effects.
- 4.5 The head nurse will monitor, supervise, record and ensure that doctors looking after patients on their ward.
- 4.6 Patient own medication are not allowed for self-administration or any medication brought from outside the hospital unless prescribed by the treating physician.
- 4.7 Free medical sample are not allowed for self-administration even if it prescribed by the treating physician.

5. MATERIAL AND EQUIPMENT:

5.1 N/A

6. RESPONSIBILITIES:

- 6.1 Pharmacists
- 6.2 Physician
- 6.3 Nursing staff.

7. APPENDICES:

7.1 N/A

8. REFERENCES:

- 8.1 General Pharmaceutical Care Administration, MOH policy and procedures manual

9. APPROVALS:

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