

Department:	Obstetrics and Gynecology (L&D)		
Document:	Departmental Policy and Procedure		
Title:	Trial of Scar Management		
Applies To:	All Obstetrics and Gynecology Staff		
Preparation Date:	January 08, 2025	Index No:	L&D-DPP-040
Approval Date:	January 22, 2025	Version :	2
Effective Date:	February 22, 2025	Replacement No.:	L&D-DPP-040(1)
Review Date:	February 22, 2028	No. of Pages:	4

1. PURPOSE:

- 1.1 To standardize the health care provided to this high risk group of patients.

2. DEFINITIONS:

- 2.1 Women may have a uterine scar from:
 - 2.1.1 Previous caesarean section.
 - 2.1.2 Previous uterine surgery e.g. myomectomy.
 - 2.1.3 Previous uterine perforation.

3. POLICY:

- 3.1 This will include patients with a previous caesarean section, hysterectomy, myomectomy, uterine perforation.
- 3.2 Vaginal Birth with Uterine Scar (VBAC) should only be considered if a physician is capable of performing a caesarean delivery.
- 3.3 Nursing staff, anaesthesia, and an operating room are immediately available, in case an emergent Caesarean delivery is necessary.
- 3.4 Women considering trial of scar should discuss the risks and benefits of trial of scar versus C-section, including what can happen if a caesarean delivery is needed emergently.

4. PROCEDURE:

- 4.1 Check that a decision for vaginal delivery has been made at a senior level Senior physician and patient written agreement.
- 4.2 If no decision has been made discuss the case with the physician.
- 4.3 Insert IV cannula (infusion not necessary) preferably 14G (brown) minimum 16G (grey).
- 4.4 Do CBC, blood grouping and save serum.
- 4.5 Give omeprazole 20 mg orally every 12 hours.
- 4.6 Monitor the fetal heart rate continuously.
- 4.7 Perform vaginal examination every 2 hours during active phase of labor preferably by the same observer to check the progress.
- 4.8 Watch for signs of scar dehiscence.
 - 4.8.1 Vaginal bleeding.
 - 4.8.2 Abnormal CTG.
 - 4.8.3 In coordinate uterine activity.
 - 4.8.4 Severe lower abdominal pain present between contractions.
 - 4.8.5 Maternal tachycardia.
 - 4.8.6 Presenting part getting higher.
- 4.9 Assess the case carefully before Oxytocin and discuss this with Senior Physician.

4.10 Epidural analgesia may be used if available as the pain of uterine dehiscence will be felt despite epidural analgesia for labor; however, epidural opiates are contraindicated as these may mask the pain of dehiscence/ rupture.

5. MATERIAL AND EQUIPMENT:

N/A

6. RESPONSIBILITIES:

- 6.1 Anesthetist
- 6.2 Pediatrician
- 6.3 Physician
- 6.4 Nurses
- 6.5 Midwives

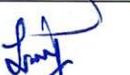
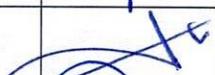
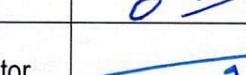
7. APPENDICES:

- 7.1 Pre-Operative Checklist
- 7.2 Emergency OR Notification Form

8. REFERENCES:

- 8.1 Guidelines for Obstetrics and Gynecology/ Ministry of Health, General Directorate of Health Centers-Riyadh, 2013

9. APPROVALS:

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Approved by:	Mr. Fahad Hezam Al - Shammari	Hospital Director		January 22, 2025

 <p>مستشفى الولادة والأطفال محافظة حضر الباطن وزارة الصحة Maternity hospital and children HOSPITAL IN HAVER AL-BATIN</p>	<p>Health Care No.: <input type="text"/> <input type="text"/></p> <p>Name :</p> <p>Age : <input type="text"/> <input type="text"/> Yrs / Month Sex: <input type="checkbox"/> M <input type="checkbox"/> F</p> <p>Nationality :</p> <p>Consultant In - Charge :</p> <p>HOSPITAL : Dept : Unit :</p>																																																																																		
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Kingdom of Saudi Arabia
Hafar Al Batin Health Cluster
 Maternity and Children Hospital

المملكة العربية السعودية
الجمع الصحي بحر الباطن
مشتشف ، الملاحة ، الأطفال

OPERATION LIST

Date: _____

Department: —

NAME OF SURGEON

DOC-005

OPERATION LIST

MEDICAL DIRECTOR