



HEALTH HOLDING

HAFER ALBATIN HEALTH
CLUSTER
MATERNITY AND
CHILDREN HOSPITAL

Department:	Operating Room		
Document:	Departmental Policy and Procedure		
Title:	Duties and Responsibilities of Recovery Room Nurse		
Applies To:	All Operating Room Nurse		
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1. PURPOSE:

- 1.1 To provide immediate post – operative care during the critical recovery period.
- 1.2 To observe patient vigilantly in and continuously.
- 1.3 To maintain patient's safety and comfortable environment in the recovery room.

2. DEFINITIONS:

- 2.1 **Recovery Room Nurse** – a person who is responsible to provide immediate post – operative care to patient in the recovery area/room.

3. POLICY:

- 3.1 The recovery must always made safe, good lighting for visual observation of patient, quiet and comfortable.
- 3.2 The recovery room must be prepared with complete resuscitation drugs, equipment and suction machine in readiness to receive post – operative patients.
- 3.3 All patients must be assessed immediately upon receiving for level of consciousness, airway and circulation where applicable.
- 3.4 All recovery room nurse must receive a complete handling over report about patient's operation verbally from the respective OR personnel.
- 3.5 Patient's identification must be confirmed with OR personnel.
- 3.6 All patient's must be check for completion upon receiving patient from OR.
- 3.7 Recovery room nurse must remain with patient at all times and maintain a clear view of patient.
- 3.8 Patient's oxygen saturation and hemodynamic status must be monitored at all times. Monitor and record vital signs and other observation as indicated every 5 minutes.
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- 3.10 Patients comfort and safety must be maintained and commence re – orientation process once patient is conscious.
- 3.11 Oxygen is to be administered to all patient who has undergo anesthesia unless ordered by anesthetist until not to give. Patient is to receive oxygen until discharge from the recovery room.
- 3.12 Medication, pain relief management, IV therapy and all other treatment ordered should be given as prescribed.
- 3.13 Any significant changes identified on patient's condition must immediately informed the anesthetist.
- 3.14 Determine patient readiness for discharge example stable vital signs, present of gag reflex, able to swallow or cough and as per discharge criteria and inform anesthetist for approval of discharge from recovery room.

4. PROCEDURE:

- 4.1 Prepare for the completeness of recovery room, materials and equipment according to the standard practice. To be organized and easy access to materials and equipment needed.

- 4.2 Check for functioning of suction machines, lighting and other equipment's are in a working condition. Facilities immediate intervention.
- 4.3 Dump dust all recovery room surfaces and equipment. To reduce risk of contamination to an irreducible minimum.
- 4.4 Note the time of arrival on receiving the patient. Time is important data to note the occurrence of incident.
- 4.5 Assess air exchange status, color of patient and attach pulse oximeter. To identify signs of hypoxia and oxygen saturation level.
- 4.6 Administer oxygen therapy via mask until discharge from recovery room unless contraindicated by the anesthetist.
 - 4.6.1 Adult – 5 liters per minute.
 - 4.6.2 Children up to 12 years old – 2 liters per minute.
- 4.7 Connect patient to all necessary hemodynamic monitoring equipment. To assist in closely monitoring the patient's hemodynamic status.
- 4.8 Receive a verbal complete handling over report about patient operation form the respective OR personnel.
- 4.9 Confirmed patient's identification with OR personnel and patient identification band.
- 4.10 Check all patient's documents for completion upon receiving patient from OR.
- 4.11 Assess the level of patient consciousness.
- 4.12 Assess for any pain complain form the patient.
- 4.13 Monitor patient vital signs every 5 minutes.
- 4.14 Observe for any signs of bleeding from wound site and drainage tube.
- 4.15 Administer medication as per anesthetist orders and record accordingly.
- 4.16 Ensure patient is in comfortable position and according to anesthetist or surgeon's order; supine position for patient with epidural catheter.
- 4.17 Carry out post – operative orders such as IV fluids or blood transfusion as ordered and provide the necessary care for IV therapy.
- 4.18 Notify anesthetist or surgeon concerns of any significant changes in patient's condition.
- 4.19 Determine patient readiness for discharge as per standard practice and inform anesthetist.
- 4.20 Inform respective ward to fetch patient after anesthetist approval.
- 4.21 Check availability of patient's documents with patient's operation notes written up.
- 4.22 Give complete verbal report to the ward nurse including procedure done and the condition of the patient at time of transfer.

5. MATERIALS AND EQUIPMENT:

- 5.1 All the necessary surgical requirements that is needed by the scrub nurse for operation.

6. RESPONSIBILITIES:

- 6.1 Nurse
- 6.2 Head Nurse

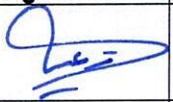




7. APPENDICES:

N/A

8. REFERENCES:

- 8.1 Kingdom of Saudi Arabia, Ministry of Health, Bisha General Hospital, 2018.

9. APPROVALS:

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