



HEALTH HOLDING

HAFER ALBATIN HEALTH  
CLUSTER  
MATERNITY AND  
CHILDREN HOSPITAL

<b>Department:</b>	Neonatal Intensive Care Unit (NICU)		
<b>Document:</b>	Multidisciplinary Policy and Procedure		
<b>Title:</b>	Family Education in NICU		
<b>Applies To:</b>	All NICU Staff and Social Service		
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## 1. PURPOSE:

- 1.1 To educate the newborn's parents regarding the newborn's clinical condition and NICU environment to facilitate Newborn- parent interaction and attachment.

## 2. DEFINITIONS:

N/A

## 3. POLICY:

- 3.1 The family of the Newborn have every right to know about the baby's condition and it should be made an ease by the education given ion NICU.

## 4. PROCEDURE:

- 4.1 Orient parents to the NICU and explain equipment and sounds (e.g. alarms, noise, and equipment).
- 4.2 Encourage parents to visit the Newborn in the NICU, or if unable to visit, telephone to receive updates on the newborn's clinical condition and plan of care.
- 4.3 Involve parents in the care of Newborn as the newborn's clinical condition allows (e.g. diaper changes, umbilical care, feeding etc.).
- 4.4 Continuously assess the parent's needs and knowledge level. Encourage routine demonstrations as new skills are acquired.
- 4.5 Consult social service for referrals to special programs or groups for parents of special needs infants (e.g. Down Syndrome, spina bifida).

## 5. MATERIAL AND EQUIPMENT:

N/A

## 6. RESPONSIBILITIES:

- 6.1 Physician
- 6.2 Nurse
- 6.3 Social service

## 7. APPENDICES:

N/A

## 8. REFERENCES:

8.1 Ministry of Health, Policies and Procedures in Neonatology, Guidelines in Neonatal Care, page no:221.

## 9. APPROVALS:

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