



HEALTH HOLDING

HAFER ALBATIN HEALTH
CLUSTER
MATERNITY AND
CHILDREN HOSPITAL

Department:	Neonatal Intensive Care Unit (NICU)		
Document:	Multidisciplinary Policy and Procedure		
Title:	Family Education in NICU		
Applies To:	All NICU Staff and Social Service		
Preparation Date:	January 12, 2025	Index No:	NICU-MPP-056
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1. PURPOSE:

- 1.1 To educate the newborn's parents regarding the newborn's clinical condition and NICU environment to facilitate Newborn- parent interaction and attachment.

2. DEFINITIONS:

N/A

3. POLICY:

- 3.1 The family of the Newborn have every right to know about the baby's condition and it should be made an ease by the education given ion NICU.

4. PROCEDURE:

- 4.1 Orient parents to the NICU and explain equipment and sounds (e.g. alarms, noise, and equipment).
- 4.2 Encourage parents to visit the Newborn in the NICU, or if unable to visit, telephone to receive updates on the newborn's clinical condition and plan of care.
- 4.3 Involve parents in the care of Newborn as the newborn's clinical condition allows (e.g. diaper changes, umbilical care, feeding etc.).
- 4.4 Continuously assess the parent's needs and knowledge level. Encourage routine demonstrations as new skills are acquired.
- 4.5 Consult social service for referrals to special programs or groups for parents of special needs infants (e.g. Down Syndrome, spina bifida).

5. MATERIAL AND EQUIPMENT:

N/A

6. RESPONSIBILITIES:

- 6.1 Physician
- 6.2 Nurse
- 6.3 Social service

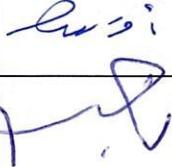
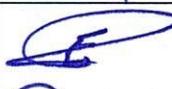
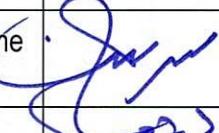
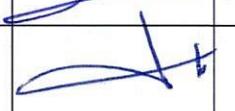
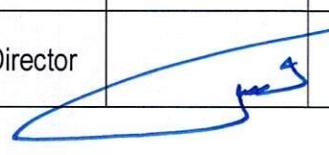
7. APPENDICES:

N/A

8. REFERENCES:

8.1 Ministry of Health, Policies and Procedures in Neonatology, Guidelines in Neonatal Care, page no:221.

9. APPROVALS:

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