



<b>Department:</b>	Clinical Nutrition		
<b>Document:</b>	Policy and Procedure		
<b>Title:</b>	Monitoring of Nutritional Care		
<b>Applies To:</b>	Clinical Dietitians, Physicians And Nurses		
<b>Preparation Date:</b>	January 12, 2025	<b>Index No:</b>	CN- MPP-003
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## 1. PURPOSE:

- 1.1 Establish guidelines for monitoring of patients on modified diets, for assessing response to nutritional care.

## 2. DEFINITIONS:

- 2.1 Monitoring is the systematic process of observing, tracking, and recording data for the purpose of measuring of progress made for the nutrition intervention and whether the nutrition related goals/expected outcomes are being met

## 3. POLICY:

- 3.1 Patient intake will be monitored at each meal by the nurses; any problem should be communicated to dietitian for revision of plan of care if needed.

## 4. PROCEDURE:

### 4.1 General Dietary Orientation (GDO):

- 4.1 Patient at nutritional risk will be assessed and placed on a plan of care that includes meals snacks suitable to patient needs and preferences.
- 4.2 Patient nutritional needs will be reassessed by a dietitian if response to therapy is Not satisfactory or if intake problems are noted or communicated by nurses.
- 4.3 Plan of care will be revised in consultation with the physician, nurses, patient, and caregivers.
- 4.4 Patient's nutritional assessment and reassessment will be noted in the medical record.
- 4.5 Any revised plan of care should be documented.

## 5. MATERIALS AND EQUIPMENT:

- 5.1 Medical Record.
- 5.2 Initial Nutritional assessment form.
- 5.3 Nutritional reassessment form
- 5.4 NPO and Oral Nutrition Intake Record form.

## 6. RESPONSIBILITIES:

- 6.1 Clinical Dietitians.
- 6.2 Physicians.
- 6.3 Nurses.

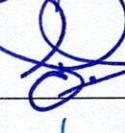
## 7. APPENDICES:

N/A

## 8. REFERENCES:

- 8.1 Central Board for Accreditation of Healthcare Institutions (CBAHI) Standards.
- 8.2 Al Yamamah Hospital; Monitoring Of Nutritional Care, DT/008-(V2), 23/2/ 2014.

## 9. APPROVALS:

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