



HEALTH HOLDING

HAFER ALBATIN HEALTH  
CLUSTER  
MATERNITY AND  
CHILDREN HOSPITAL

<b>Department:</b>	Anesthesia Care		
<b>Document:</b>	Departmental Policy and Procedure		
<b>Title:</b>	Monitoring Patient After Recovery From Anesthesia		
<b>Applies To:</b>	All Anesthesiologist and Nurses		
<b>Preparation Date:</b>	January 05, 2025	<b>Index No:</b>	AN-DPP-015
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## 1. PURPOSE:

- 1.1 These standards may be exceeded based on the judgment of the responsible anesthesiologist.
- 1.2 They are intended to encourage quality patient care, but cannot guarantee any specific patient outcome.
- 1.3 They are subject to revision from time to time as warranted by the evolution of technology and practice.

## 2. DEFINITIONS:

- 2.1 **Monitoring Patient After Recovery From Anesthesia** – is a continuous process of patient observation and recording of patient's vital data and conscious level.

## 3. POLICY:

- 3.1 All patients who have received general anesthesia, regional anesthesia or monitored anesthesia care shall receive appropriate post anesthesia management.
  - 3.1.1 A Post anesthesia Care Unit (PACU) or an area which provides equivalent post anesthesia care (for example, a Surgical Intensive Care Unit) shall be available to receive patients after anesthesia care. All patients who receive anesthesia care shall be admitted to the PACU or its equivalent except by specific order of the anesthesiologist responsible for the patient's care.
  - 3.1.2 The medical aspects of care in the PACU (or equivalent area) shall be governed by policies and procedures which have been reviewed and approved by the Department of Anesthesiology.
  - 3.1.3 The design, equipment and staffing of the PACU shall meet requirements of the facility's accrediting and licensing bodies.

## 4. PROCEDURE:

- 4.1 A patient transported to the PACU be accompanied by a member of the anesthesia care team who is knowledgeable about the patient's condition. The patient shall be continually evaluated and treated during transport with monitoring and support appropriate to the patient's condition.
- 4.2 Upon arrival in the PACU, the patients shall be re-evaluated and a verbal report provided to the responsible PACU nurse by the member of the anesthesia care team who accompanies the patient.
  - 4.2.1 The patient's status on arrival in the PACU shall be documented.
  - 4.2.2 Information concerning the preoperative condition and the surgical/anesthetic course shall be transmitted to the PACU nurse.
  - 4.2.3 The member of the Anesthesia Care Team shall remain in the PACU until the PACU nurse accepts responsibility for the nursing care of the patient.
- 4.3 The patient's condition shall be evaluated continually in the PACU.
  - 4.3.1 The patient shall be observed and monitored by methods appropriate to the patient's medical condition. Particular attention should be given to monitoring oxygenation, ventilation, circulation, level of consciousness and temperature. During recovery from all anesthetics, a quantitative method of assessing oxygenation such as pulse oximetry shall be employed in the initial phase of recovery.



- 4.3.2 An accurate written report of the PACU period shall be maintained. Use of an appropriate PACU scoring system is encouraged for each patient on admission, at appropriate intervals prior to discharge and at the time of discharge.
- 4.3.3 General medical supervision and coordination of patient care in the PACU should be the responsibility of an anesthesiologist.
- 4.3.4 There shall be a policy to assure the availability in the facility of a physician capable of managing complications and providing cardiopulmonary resuscitation for patients in the PACU.
- 4.4 Anesthesiologist is responsible for the discharge of the patient from the Post Anesthesia Care Unit (PACU).

## 5. MATERIALS AND EQUIPMENT:

N/A

## 6. RESPONSIBILITIES:

- 6.1 Nurses
- 6.2 Anesthesiologist

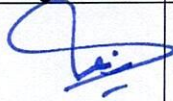

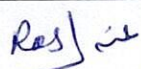
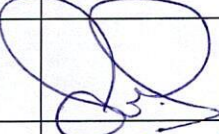
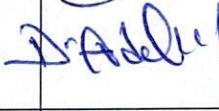

## 7. APPENDICES:

N/A

## 8. REFERENCES:

- 8.1 American Society of Anesthesiology.

## 9. APPROVALS:

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